

STOP SUICIDE NORTHEAST INDIANA

Our Toolkits

Our Toolkits are free, quick, & easy to use guides to help recognize and respond to youth and adults who are thinking of suicide, have had a suicide attempt, and/or experienced a suicide death. You can access electronic copies through links on our website or complete a request form for physical copies: stopsuicidenow.org/toolkits.





Finding Hope: A Toolkit For Suicide Prevention helps someone identify suicide thoughts (including in young people), engage in basic helping steps, and assist after a suicide attempt.

Help & Hope for Survivors of Suicide Loss helps someone work through the immediate shock of a suicide loss, how to tell others (e.g., children) about the loss, and how to handle things like social media, memorial service, etc.







Both Toolkits provide national, state, and local (northeast Indiana) mental health, crisis, and grief resources Consider linking an electronic copy of our Toolkits to your organization's webpage!



WWW.STOPSUICIDENOW.ORG