

# STOP SUICIDE

NORTHEAST INDIANA



## TRAINING



## Question, Persuade, Refer (QPR)

A 2-hour basic evidence-based suicide prevention training that:

- provides an overview of warning signs and myths vs facts
- teaches 3 steps to save a life: ask the question, persuade them to get help, and refer them to support.



## Columbia Suicide Severity Rating Scale (C-SSRS) Screener

Learn to use a free 6-item suicide screener that:

- helps determine low, medium, or high risk
- directs them to appropriate resources based on level of risk

Registration

Regular (1 1/2 hours) and Trainthe-Trainer (2 1/2 hours) options available.

## TRAINING DATES:

#### QPR and/or C-SSRS Training:

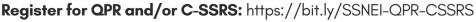
February 12th (Allen Co.), April (TBD), May 6th & 20th (Adams Co.), June 23rd (Steuben Co.), September (TBD), November (TBD)

### **QPR** Training (Virtual):

January 21st, July 14th, December 5th

### Regular C-SSRS and Train-the-Trainer (TTT) (Virtual):

March 14th (TTT), May 15th (C-SSRS), August 13th (TTT), October 6th (C-SSRS)



Register for QPR: https://bit.ly/SSNEI-QPRTraining

Register for C-SSRS: https://bit.ly/SSNEI-CSSRSTraining

 $\textbf{Register for Train-the-trainer (TTT):} \ \text{https://bit.ly/SSNEl-TrainTheTrainer}$ 



www.



