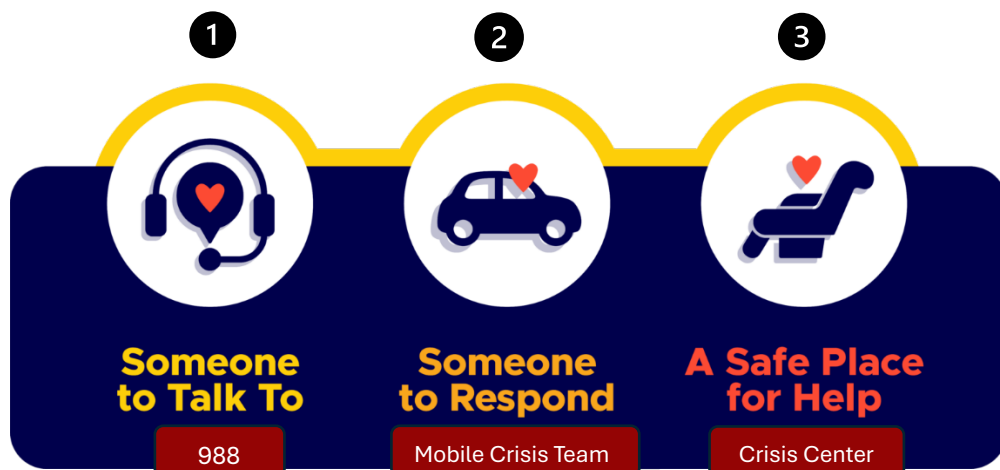


## Northeast Indiana Crisis Resources



Call 911 if person is in immediate danger or if injured take them to the nearest emergency room

<b>1</b> Crisis Line	<ul style="list-style-type: none"> <li>988 (text, chat, or call), crisis specialists can activate mobile crisis teams (info: 988indiana.org or 988lifeline.org)</li> <li>Text IN to 741741 for national Crisis Text Line</li> <li>Text START to 678678 for Trevor Project (serves LGBTQIA+ young people)</li> <li>Text Remedy to 494949 for RemedyLIVE (serves youth - Christian affiliated)</li> <li>Trans Lifeline: 877-565-8860; online: translifeline.org</li> <li>Youthline: 7pm-1am, 877-968-8491, text teen2teen to 839863</li> </ul>
<b>2</b> Mobile Crisis Team	<ul style="list-style-type: none"> <li>Parkview's SOS Team, 260-471-9440</li> <li>Enact Mobile Crisis Team, 260-999-7872</li> <li>Northeastern Center's Mobile Crisis Team, 800-790-0118</li> </ul>
<b>3</b> Crisis Receiving & Stabilization Services	<ul style="list-style-type: none"> <li>NEC Cares, 1752 Wesley Rd., Auburn, IN 46706, 260-927-1246</li> <li>Bowen Health, 24/7 walk-in, home-like, non-hospital setting: 9 Pequignot Dr, Pierceton, IN 46562, 800-342-5653 (each Bowen Health location has a stabilization room that is open during business hours)</li> </ul> <p>*These centers offer 24/7 walk-in, home-like, non-hospital settings, with no insurance requirement.</p>
<b>4</b> Psychiatric Inpatient & Intensive Outpatient Services	<ul style="list-style-type: none"> <li>Parkview Behavioral Health Institute, 1720 Beacon Street, Fort Wayne (moving in 2025), 260-373-7500</li> <li>Maple Heights Behavioral Health, 3955 West Washington Center Road, Fort Wayne, 877-925-9658</li> <li>Northeastern Center, 1850 Wesley Road, Auburn, 260-927-0726</li> <li>Bowen Health, 9 Pequignot Dr, Pierceton, 800-342-5653</li> <li>VA Northern Indiana (Marion – inpatient), 765-674-3321, ext. 73577, (Fort Wayne – intensive outpatient), 260-426-5431 ext. 71190</li> </ul>
Mental Health Providers (outpatient counseling)	<ul style="list-style-type: none"> <li>Community Mental Health Centers: Park Center/ Parkview Behavioral Health Institute 260-471-9440, Bowen Center 800-342-5653, and Northeastern Center 800-790-0118</li> <li>Meridian Health Services, 260-436-0932</li> <li>Alliance Health Center: 260-266-0780</li> <li>Culturally Centered Care &amp; Spanish language: Courageous Healing, 260-255-3514</li> <li>LGBTQAI+ Centered Care: Ally Counseling &amp; Consulting 260-333-9703; Folx &amp; Friends Counseling: 260-600-9546</li> <li>Faith-based: Crosswinds Counseling, 877-594-9204; Cross Connections, 260-373-0213</li> <li>Free Services: PFW Community Counseling Center, 260-481-5405</li> <li>Vet Center, 260-460-1456; VA Northern Indiana: 260-426-5431, ext. 71190</li> <li>Find individual provider: <a href="https://www.psychologytoday.com/us/therapists">https://www.psychologytoday.com/us/therapists</a></li> </ul>

**988 Specialized Services**

- Press 1/text the number 838255 for Veterans
- Press 2/type "ayuda" for Spanish-language
- Press 3/type "pride" for LGBTQIA+ youth

Resources/ Navigators	<ul style="list-style-type: none"> <li>CONNECT Allen County: 201 E Rudisill Blvd, Suite B102, Fort Wayne, 260-901-5480</li> <li>LookUp Indiana: lookupindiana.org, click Get Help button</li> <li>NAMI Fort Wayne: www.namifortwayne.org</li> <li>Mental Health America of Northeast Indiana: mhanortheastindiana.org</li> <li>Finding Hope: A Toolkit for Suicide Prevention: www.stopsuicidenow.org/toolkits</li> </ul>
Apps & Websites	<ul style="list-style-type: none"> <li>Suicide Safety Plan app (Inquiry Health): Visit Apple or Google Play stores</li> <li>Virtual Hope Box (phone app): Visit Apple or Google Play stores</li> <li>Got Your Back (phone app): jacobsswag.org</li> <li>Now Matters Now (online program, coping strategies): nowmattersnow.org</li> <li>Lifeline For Suicide Attempt Survivors &amp; Families (online): lifelineforattemptsurvivors.org</li> <li>Man Therapy: https://mantherapy.org/</li> <li>Suicide is Different (caregivers): suicideisdifferent.org</li> <li>Life is Better with You Here (African American): lifeisbetterwithyouhere.org</li> </ul>
National Resources	<ul style="list-style-type: none"> <li>American Association of Suicidology: suicidology.org</li> <li>American Foundation for Suicide Prevention: afsp.org</li> <li>Suicide Prevention Resource Center: sprc.org</li> <li>Substance Abuse and Mental Health Services Administration: samhsa.gov</li> </ul>

**\*\*Note: Resources are regularly changing. The most updated copy can be found at [www.stopsuicidenow.org/resources](http://www.stopsuicidenow.org/resources)**



If in doubt, call 988



### How the Continuum of Crisis Services Works

