

Local and National Suicide Resources

Resources

Stop Suicide Northeast IN stopsuicidenow.org
Drug & Alcohol Consortium of Allen County
(260) 422-8412

LookUp Indiana, lookupindiana.org

BeWell Indiana (211), bewellindiana.com

Mental Health hotline

Substance Abuse & Mental Health Services Administration (SAMHSA) store.samhsa.gov
Free suicide crisis materials

Suicide Prevention Resource Center, sprc.org
Educational resources/webinars

American Foundation for Suicide Prevention, afsp.org

Suicide loss support & education, programs

Psychology Today

Find a therapist, www.psychologytoday.com/us/therapists

Suicide Prevention Phone Apps

Suicide Safety Plan (Inquiry Health): Apple/Google Play stores

Virtual Hope Box: Apple/Google Play stores

Got Your Back: <https://jacobsswag.org/>

CalmHarm: Apple/Google Play stores

Grief Support

Finding Hope – Support Group

Peggy F Murphy Grief Center

4th Monday, 6:30-8:00pm

(260) 267-0150

We The Living – Support Group

Peggy F Murphy Grief Center

2nd Wednesday, 7–9 pm

(260) 450-1702, wethelivingfw.org

Surviving Loss by Suicide Support Group

Parkview LaGrange Hospital

3rd Tuesday, 6:30-8 pm

(260) 463-9492

Peggy F Murphy Grief Center

(260) 435-3261, <https://stillwater-hospice.org/grief-support>

Erin's House For Grieving Children

(260) 423-2466, erinshouse.org

Local Providers

**Services for Adults Only*

Parkview Behavioral Health Institute

(Inpatient/Outpatient) Counties: Adams, Allen, Dekalb, Huntington, LaGrange, Wabash, Wells, Whitley

260-471-9440 (SOS/mobile intervention team)

260-299-9600 (appointments),

Helpline 24/7 at 260-471-9440 parkview.com

Maple Heights Behavioral Health (Inpatient/Outpatient)

260-800-3601 mapleheightsbehavioral.com

Bowen Center (Inpatient*/Outpatient),

Counties: Adams, Allen, Dekalb, Huntington, Kosciusko, LaGrange, Noble, Steuben, Wabash + 20 other counties

Crisis receiving center and mobile intervention team

(800) 342-5653, bowencenter.org

Northeastern Center (Inpatient/Outpatient).

Counties: DeKalb, LaGrange, Noble, Steuben

(800) 790-0118, necmh.org

Crisis receiving center, mobile intervention team

AWRC/Benchmark Human Services (Outpatient)

(260) 999-7669, mobile crisis team

Counties: DeKalb, LaGrange, Noble, Steuben

Meridian Health Services (Outpatient)

(866) 306-2647, meridianhs.org

Courageous Healing (Outpatient—Culturally Centered care)

(260) 255-3514, www.courageoushealing.org

Spanish language counseling

Crosswinds Counseling (Outpatient—Faith based)

(877) 594-9204, crosswindscounseling.org

Oak Tree Guidance & Wellness Center

(260) 570-4515, www.oaktreeguidance.com

Crisis Lines

For an immediate threat to safety, call 911

988 Suicide & Crisis Line (vet/military, press 1), Spanish press 2)

Crisis Text Line: Text IN to 741741

RemedyLIVE (youth, faith-based)

Text remedy to 494949, Chat remedylive.com

Trevor Project (LGBTQ+ youth & young adults)

(866) 488-7386

thetrevorproject.org

Trans Lifeline

(877) 565-8860

hotline.translifeline.org

Black, Indigenous, People of Color

503-575-3764

Resource navigation:

CONNECT Allen County
260-901- 5480

Mental Health America
260-422-6441

NAMI Fort Wayne
260-447-8990



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NORTHEAST INDIANA